

BRUNCH

Breakfast Bowl: A heaping pile of home fries topped with scrambled tofu, lentil sausage crumble, salsa, guacamole, and creamy cashew cheese sauce. **14**

Pancake Stack: Three fluffy pancakes served with maple syrup. Add chocolate chips, blueberries, coconut, crushed pecans, and/or sliced banana for \$1 each. **9**

Belgian Waffle: A golden Belgian waffle with maple syrup. Add chocolate chips, blueberries, coconut, crushed pecans, and/or sliced banana for \$1 each. **8**

Shmear & Lox: Smoky carrot lox and house made cream cheese served over two slices of toast with capers and red onion. **11**

Breakfast Club: Two waffle quarters topped with smoked tofu, hummus, Dijon mustard, tomato, red onion, greens, and cashew cheese sauce. **11**

Chickpea Bites: Five crispy chickpea bites served with a side of carrot sticks and a creamy garlic aioli for dipping. Choose between Spicy Buffalo or Maple Mustard. **12**

Breakfast Sammy: Tofu scramble and melty vegan provolone on a toasted pita with sliced tomato, baby spinach, and garlic aioli. **11**

Planted Burger: A house made green lentil and brown rice patty with a hickory molasses glaze, served with sautéed onions & mushrooms, dill pickles, tomato, lettuce, red onion, and our super secret planted sauce. **12**
/ Add cheese for \$1.50 and an egg patty for \$2.

Combo Plate: Two pancakes, tofu scramble, lentil sausage crumble and your choice of side. Add chocolate chips, blueberries, coconut, crushed pecans, and/or sliced banana to your pancakes for \$1 each. **14**

V.L.T.: A triple decker sandwich made with toasted flax seed bread, a chickpea egg patty, melted cheese, spring greens, sliced tomato, and garlic aioli. **10**

Omelette: An omelet made with our chickpea egg and vegan mozzarella, topped with green onion and a spicy aioli. **8** / *Add fillings for \$0.50 each: red onion, diced tomato, mushroom, black olives, bell pepper, spinach.* / *Add premium fillings for \$2 each: bleu cheese, lentil sausage crumble*

SIDES

Home Fries 3

Sweet Potato Fries 5

Sautéed Kale & Onions 3

Fruit Salad 3

Dressings + Dips: Garlic aioli, buffalo aioli, spicy peanut sauce, Caesar dressing, tahini dressing, balsamic vinaigrette, or salsa. **1**

The Good Stuff: Cashew cheese sauce, hummus, guacamole, or bleu cheese. **2**

All dishes are free from dairy, eggs, and gluten. Please let a staff member know if you have any additional allergy concerns.



PLANTED
in Hamilton